



# LIVE LEARN & EXPLORE

## PORTUGAL & ISRAEL

October 28 – November 14, 2016

### Portugal Itinerary

**With Hebrew University Scholar in Residence Professor Shalom Sabar**

**October 28 – November 5, 2016**

#### Friday October 28 (BLD)

##### **Lisbon**

- Arrival in **Lisbon**
- Own transfer to Sofitel Lisbon
- 7:00 pm: Shabbat dinner
- Overnight in Lisbon

#### Saturday October 29 (BL)

##### **Lisbon**

- Lisbon Synagogue for Services
- Lunch
- 2:00 pm City tour through **Lisbon's 7 Hills**. Walking tour of **Lisbon downtown (Baixa) Largo de S. Domingos** location of the **1506 massacre**, ride to **Portas do Sol** and walk down through the **Alfama Quarter** through the **Jewish Quarter**. Continue to **Belém Quarter** to visit the famous monumental quarter of the 16<sup>th</sup> century where you can visit **St. Jerome's Monastery**, and **the Tower of Belem**. Opportunity to taste the local custards.
- 6:30 pm: Lecture in Hotel
- Free Evening
- Overnight in Lisbon

## Sunday October 30 (BL)

### **Lisbon**

- 9:00 am Lecture in Hotel
- **Sintra Tour**  
 Sintra was the favourite retreat of the royal family and of several romantic poets. Discover its **royal palaces** and its **Moorish castle**, classified as **UNESCO World Heritage sites**. Be delighted with the charm that envelops this town, with its aristocratic houses, the national palace from the 15th century, famous for its chimneys and tiles, the Moorish castle, or Portugal's most romantic palace, the **Pena Palace**, from the 19th century. Make sure you don't miss out on the famous 'queijadas de Sintra', a delicious traditional pastry.
- **Lunch in Sintra**
- After Sintra, we'll head to **Cabo da Roca** the western most point of mainland Europe (30 minutes). Scenic drive through the Atlantic coast to reach the cosmopolitan town of **Cascais**.
- (10 minute drive) to **Estoril** a stop at **Espaços Exílio** where we will have an opportunity to learn and discover a little bit more about Jewish refugees during WWII.
- Free Evening
- Overnight in Lisbon

## Monday October 31 (BL)

### **Tomar**

- 8:00 am Lecture in Hotel
- 9:00 am Travel to **Tomar**  
 Through the **Tagus Valley** we reach the town of **Tomar**, headquarter of the **Knights of the Temple order**, origin of Portuguese discoveries, discover the incredible convent of Christ, and its unique style.  
 In Tomar's downtown we will have an opportunity to visit the oldest **Medieval Synagogue in Portugal** and **Museo Abraham Zacuto**, who saved this building.
- Hotel dos Templarios
- Free Evening
- Overnight in Tomar

## Tuesday November 1 (BL)

### **Marvão, Castelo de Vide, Covilha**

- 9:00 am Lecture in Hotel
- 10:00 am Journey to discover **Castelo de Vide and Marvão**, Located on the green slopes of **S. Mamede mountain range**. These hilltop towns were once strategic defence points against the Castilian menace, and the hideout for numberless Jews during the 15th century, whose heritage can be found at the local synagogue in **Castelo de Vide**.  
**Marvão**, a fortified town also named "eagle's nest" located at the top of a magnificent cliff, offers you some of the most incredible views and sunset photo opportunities. Wander through the small white washed cobbled streets to be surprised at every corner.  
**Belmonte** at the foot of Star Mountain is a hidden secret where for over 400 years a small Jewish community survived on its own. Visit its synagogue and the Jewish museum. Belmonte was the birthplace of **Cabral the navigator** that discovered Brazil.
- Onwards to **Sabugal and Covilha**, to discover the remains of the Jewish heritage on its quarters. The **wool textile industry** is definitely one of the remaining Jewish heritages.
- Hotel TRYP D. Maria Hotel
- Free Evening
- Overnight Coviha

## Wednesday November 2 (BL)

### **Mondego River and Coimbra**

- 9:00 am Lecture in hotel
- Travel to Mondego River and Coimbra:
- Lunch
- 1:00 pm City tour in **Coimbra**  
**Coimbra** is Portugal's first capital and the city of students. Visit to the University, the oldest in Portugal, to the magnificent **Baroque Library**, and **St Michael's Chapel**. Walking tour through the old town passing by the **Old Roman Cathedral** and **St. Cross Church** one of the first colleges ever. Walking tour to discover its narrow streets and the **Jewish quarter** and the former inquisition palace.
- Vila Gale Hotel
- Free Evening
- Overnight Coimbra

### Thursday November 3 (BL)

#### **Porto**

- 9:00 am Lecture in Hotel
- Travel to Porto
- 12:30 pm Porto

We dedicate this day to the discovery of **Oporto Kadoorie Synagogue**, one of the biggest in the country. Walk through the **old medieval Jewish quarter**

Crowne Plaza Porto

- Free Evening
- Overnight Porto

### Friday November 4 (BLD)

#### **Porto**

- 9:00 am Lecture in Hotel
- 10:00 am Tour of Porto City
- Discover its **7 bridges** and most important sites such as the **Clerigos tower**, the **Cathedral and St. Francis Church** where you can find one of the best examples of baroque art. Across the **Douro River** in Gaia, visit one of its many wine cellars and taste the famous Port wine.
- Lunch time in **the typical quarter of Ribeira**.
- Free time at leisure to enjoy a river cruise or have a coffee at the famous **Cafe Majestic**.
- Shabbat Services and Shabbat dinner

### Saturday November 5 (BL)

#### **Porto**

- Shabbat Services (optional)
- Lunch
- Free Afternoon and Evening

### Sunday November 6 (B)

- Transfer to Airport for Departure to Israel

**Please note the above itinerary is a draft and is subject to change**

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Living standards, practices in other countries and standards and conditions with respect to the provision of utilities, services and accommodation may differ from those found in Canada.

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Accommodations offered in our tours are, to the best of our knowledge, available at the time of publication and are accurately described in this brochure. From time to time, factors beyond our control may cause us to vary the accommodations as described in this brochure. Usually, these changes are minor in nature and unlikely to affect the enjoyment of your vacation. In the event, prior to your departure, we become aware of a "material" change, we will notify you and make every effort to offer you a suitable alternative of a comparable standard. If, after arrival at your destination, a tour component cannot be supplied as purchased, we reserve the right to provide an alternative service of comparable quality. "Material" changes include:

- i) The scheduled departure of any transportation that forms part of the travel services is delayed for 24 hours or more, except for delays due to mechanical problems that relate to the mode of transportation, safety considerations, weather, strikes or "force majeure".
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**Acknowledgement:**

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